

**Mason County Board of Commissioners
Proclamation**

WHEREAS the week of April 5-11, is National Public Health Week, and the theme is A Healthier America: One Community at a Time;

WHEREAS since 1996, the American Public Health Association, through its sponsorship of National Public Health Week, has educated the public, policy-makers, and public health professionals about issues important to improving the public's health;

WHEREAS, our nation spends more on health care than any other country, but an estimated 46.3 million Americans do not have health insurance and millions more do not have access to life-saving clinical preventive services;

WHEREAS, millions of people in America do not have access to cost-effective community-based preventive services,

WHEREAS, many of the illnesses that are caused by tobacco use, poor diet, physical inactivity and alcohol consumption are preventable;

WHEREAS, many neighborhoods lack access to safe walkways and bikeways; are too far from offices, schools, health providers and grocery stores to walk; and are inaccessible by public transportation;

WHEREAS, studies have shown that 10.5 million cases of infectious diseases and 33,000 deaths can be prevented in the United States by the standard childhood immunization series,.

WHEREAS, despite challenges, public health professionals and lawmakers are working on policies that place an emphasis on prevention and support a strong public health infrastructure; and

WHEREAS, by making a change in our individual communities, we will improve the health of our nation:

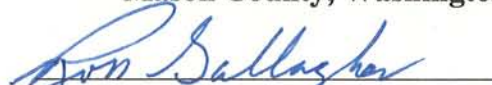
NOW, THEREFORE, the Mason County Board of County Commissioners do hereby proclaim the week of April 5-11, 2010, as **National Public Health Week 2010** in Mason County and call upon residents to observe this month by helping families, friends, neighbors, co-workers and leaders make healthier personal choices, support policies that improve the community's health, and better understand the importance of public health to a successful health system in light of this year's theme, **A Healthier America: One Community at a Time.**

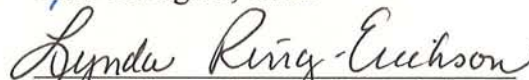
Dated this 6th day of April 2010

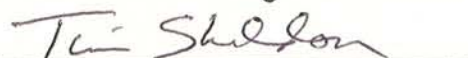
**Mason County Board of Commissioners
Mason County, Washington**

Attest:


Clerk of the Board


Ross Gallagher, Chair


Lynda Ring Erickson, Commissioner


Tim Sheldon, Commissioner